Agenda
HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY PANEL

Date: Monday, 6 February 2017  Time: 10.00 am  Venue: Room 10

Membership

Lab 9 Councillors  CD Banks, Baines, Cunliffe, Gill, Long, McQuade, Neal, Pearson (Chairman) and Wiseman

Con 1 Councillor  Mussell

Co-opted (Non Voting)  Mrs B Smith (Representative from Healthwatch)

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<td>• Elaine Wilkinson, Strategic Project Manager and Frank McGuire, Clinical Lead, Mersey Care NHS Foundation Trust have been invited to attend the meeting.</td>
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<td>5.</td>
<td>People’s Services Projects Update</td>
<td>Verbal Report</td>
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<td>• Pauline McGrath, Assistant Director - School and Social Care Support Services and Scrutiny Link Officer have been invited to attend the meeting.</td>
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<td>6.</td>
<td>Update on Scrutiny Work Programme 2016/17</td>
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<td>(a) Scoping Matrix - Review of St Helens Infant Feeding Strategy 2016-19</td>
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HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY PANEL

At a meeting of this Panel held on
7 November 2016

(Present) Councillors Gill, Long, Mussell, Wiseman
Mrs B Smith, Healthwatch St Helens

(Not Present) Councillors Baines, Cunliffe, McQuade, Murphy, Neal and Pearson

(Also Present) Councillor Quinn, Cabinet Member Adult Social Care and Health

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15 APPOINTMENT OF CHAIRMAN

* Resolved that Councillor Long be appointed as Chairman for this meeting of the Panel.

Councillor Long here took the Chair.

16 APOLOGIES FOR ABSENCE

Apologies for absence were received from Councillors Baines, Cunliffe, McQuade, Neal and Pearson.

17 MINUTES

* Resolved that the minutes of the meeting held on 12 September 2016, be approved and signed.

18 DECLARATIONS OF INTEREST FROM MEMBERS

No Declarations of Interest from Members were made.

19 RESPONSE FROM CABINET TO THE SCRUTINY REVIEW OF OLDER PEOPLES NEEDS AND LONELINESS
(Reported to Cabinet on 24 August 2016)

A report was submitted which informed Members that at a meeting of Cabinet held on 24 August 2016, a response had been presented to the Scrutiny Review of ‘Is Scrutiny a Dementia Friendly Borough?’ undertaken by this Panel. Cabinet had been requested to note the contents of the report outlining the response to the Scrutiny Review and approve the action plan which had been attached at Appendix 1 to the report.

Councillor Quinn, Cabinet Member, Adult Social Care and Health was present to outline an updated action plan which provided progress on the recommendations and outcomes to date and answer questions from Members.
The Panel asked questions which were answered at the meeting on recognising deafness as a cause for isolation and loneliness and what was being done to tackle this and measuring the impact of implementation of the action plan.

Assurance was given to the Panel that the elements in relation to commissioning reviews as detailed in recommendations six and seven had not be overlooked but delayed due to urgent pressures and would be complete by March 2017.

* Resolved that:

(1) the report be noted;

(2) the Cabinet Member, Adult Social Care and Health be thanked for their attendance.

20 UPDATE ON SCRUTINY REVIEW TAKE UP OF HEALTH CHECKS FOR ADULTS WITH LEARNING DISABILITIES

The Assistant Director, School and Social Care Support Services presented the update report on uptake of annual health checks for Adults with Learning Disabilities (LD).

A report was completed in 2015 by the Overview and Scrutiny team regarding LD Health Checks. The report identified that although there were some areas of positive practice in relation to LD Health Checks, it was apparent that further work was required across Health and Social Care within St Helens, in order to optimize the Health and Wellbeing of people with Learning Disabilities.

As a result of this a Local Action Plan had been developed, which focused on addressing the key findings and recommendations identified within the Scrutiny Review. The recommendations identified within the review and Cabinet response from 26 August 2016 had been attached to the report at Appendix 1.

It was reported that positive progress was being made and this was detailed in the report, however further work was required in order to progress this over the next 12-18 Months in order to embed a different culture across the Primary Care setting. The Panel was informed that LD Health Checks Action Planning Group would continue to run in order to monitor progress around this agenda.

Members asked questions which were answered at the meeting.

* Resolved that:

(1) the report be noted; and

(2) an end of year update report be brought back a future meeting of this Panel to include the number of Learning Disabilities Health Checks conducted on those aged 14 years and under.

21 PUBLIC HEALTH UPDATES

i) Women’s and Girls Health and Wellbeing Campaign

The Assistant Director Public Health gave a presentation to the Panel on ‘We
The presentation detailed the following:

- Why Women?
- Women’s Wellbeing in St Helens;
- Areas where woman do well;
- Cancer screening;
- Key Health Challenges;
- Inspirations from the past;
- We have come a long way; and
- St Helens Approach
  - i. Generating the discussion;
  - ii. We Can – Campaign St Helens Star;
  - iii. Raising Aspirations; and
  - iv. Transforming Services.

The Panel discussed the Big Sister mentoring programme and made suggestions for future Council/Councillor Involvement.

ii) Diabetes Prevention Programme

The Public Health Programmes Officer informed the Panel on the Diabetes Prevention Programme.

Diabetes was the fastest growing health condition of our time and was now an urgent public health issue. There were three main types of diabetes: Type 1, where cells producing insulin are destroyed, Type 2 which is a combination of a lack of insulin being produced and ‘resistance’ to how the insulin works, and Gestational Diabetes (occurring during pregnancy).

Type 2 diabetes is the most common type and accounted for approximately 90% of all diabetes. It was reported that in St Helens 7% of the population had diabetes with 5,500 residents being registered as having a high risk of developing diabetes. Obesity is the primary modifiable risk factor for development of Type 2 diabetes with 80% of people with Type 2 diabetes being obese.

£10 billion of the NHS budget per year was currently spent on people with diabetes, 80% of which is spent on complications; most of which are preventable. The total direct and indirect costs of diabetes were £24 billion per year, with a projected year on year increase on this figure.

The Panel was informed on the Living Well Taking Control scheme, a seven week intensive core programme developed to focus on ‘pre diabetic’ individuals over the age of 18 which aimed to help these individuals to self-manage their health conditions by providing support to change their lifestyle by losing weight, becoming more physically active, and eating healthier with the overall aim to reduce the incidence of Type 2 diabetes and its complications.

The Panel asked questions in relation to access to the scheme, performance indicators and measuring outcomes which were answered at the meeting.
Breastfeeding Performance Update

The Assistant Director Public Health gave a presentation to the Panel on ‘Infant Feeding in St Helens’.

The presentation detailed the following:

- Why is it important?
- What are the issues in St Helens;
- Last two years;
- What have mums in St Helens said?
- Campaigns (Leaflets and Social Media);
- Addressing the Issue; and
- St Helens Infant Feeding Strategy.

Resolved that:

1. the updates and presentations be noted;
2. a 12 month update report on the Living Well Taking Control Scheme be brought to a future meeting of this Panel; and
3. infant feeding in St Helens be added to the Panels scrutiny work programme.

UPDATE ON SCRUTINY WORK PROGRAMME 2016/17

A verbal report was made to the Panel by the Scrutiny Manager on the Scrutiny Work Programme 2016/17.

Members were informed on the progress of the Early Interventions and Mental Health Review.

Resolved that:

1. the verbal update be noted;
2. the report on Help for the Homeless previously presented to the Environment, Housing, Culture and Leisure Overview and Scrutiny Panel also be circulated to this Panel; and
3. the Healthwatch reports on Support for People with ASD and Mental Health Support be circulated to the Panel once complete.
Medium Secure Unit - Scott Clinic Update

This paper aims to provide an update to the Health Overview and Scrutiny Committee of the proposal by Mersey Care NHS Foundation Trust (MCFT) to develop a new medium secure unit in Maghull. It will inform the Committee about the reasons for the initial programme being delayed and the subsequent changes and adaptations to the proposed development. It will also set out a synopsis of the planning and design process to date and provide a detailed timeline for each stage of the process from approval through to completion.

Background

As the Committee members may be aware, following a wide-ranging public consultation, which took place throughout 2014/15, Mersey Care NHS Foundation Trust was given approval by the Joint Oversight and Scrutiny Committee to proceed towards developing a new medium secure unit and an application for planning permission with a view to developing the new unit in Maghull on the Ashworth hospital site. This unit was intended to provide care for service users with a diagnosis of mental illness or learning disability.

The trust found this process exceptionally helpful and supportive. The Committee members took time to visit our current unit at Scott Clinic and there was widespread agreement that the physical environment is inadequate and fails to provide an appropriate setting to meet the needs of our service users. It was recognised that it was particularly difficult to ensure their privacy and dignity is maintained given the limitations of the building.

However, subsequent to this approval, NHS England announced significant changes to the provision of care for people with learning disabilities. As part of this national transformation plan, Calderstones Partnership NHS Foundation Trust ceased to exist and Mersey Care took over the care of its service users in July 2016. As part of the acquisition Mersey Care assumed responsibility for patients with and learning disability who need secure care. This means it is likely to result in a greater proportion of service users in the new unit having a diagnosis of learning disability than previously anticipated.

This strategy therefore necessitated a pause in the planning of the new Medium Secure Unit and the design process was put on hold while the implications of these wider changes were fully understood. This has been a detailed and complicated undertaking and now it has been completed, the trust is in a position to clarify and share our plans.
Proposed development

The proposed new MSU will provide care and treatment for people diagnosed with mental illness and also for people with learning disabilities. The unit will accommodate 123 patients located across eight specialist wards. The proposed location for the unit remains unchanged and is adjacent to Ashworth Hospital. It is the intention of MCFT to relocate patients from the Scott Clinic site along with patients from the medium secure unit at Whalley. This will create a secure campus on the Maghull site which will attract numerous improvements to patient care and outcomes along with an improved working environment for staff.

Mersey Care NHS Foundation Trust has commissioned Kier Construction and IBI Nightingale Architects to develop a state of the art unit. These companies have extensive experience in designing and building secure environments and are nationally regarded as experts in this field. The design process has been completed and the proposed plans have been reviewed and approved by the Trust’s design champion Beatrice Fraenkel, (Chairman, Mersey Care NHS Foundation Trust). The NHS England specialist commissioners have been engaged throughout the process and have worked collaboratively with us to develop the design plans and the model of care.

Representatives from the trust, Kier and IBI Architects attended a pre-planning meeting with Sefton Planners in early September to discuss the scheme. The meeting was positive and subsequently the trust submitted its planning application to Sefton Planners on 1 October 2016. On 14 December 2016 Sefton Council Planning Visiting Panel and Planning Committee met and considered the planning application. The Committee granted planning permission subject to referral to the National Planning Casework Unit.

Proposed Timescale

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<th>Milestone Activity</th>
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<tr>
<td>Full Business Case approval by Board of Directors</td>
<td>28 September 2016</td>
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<tr>
<td>Submission of this business case to NHSE / NHSI / DH/ HMT</td>
<td>29 September 2016</td>
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<tr>
<td>Approval of planning permission</td>
<td>January 2017</td>
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<tr>
<td>Final approval of the business case – NHSE / NHSI / DH/ HMT</td>
<td>March 2017</td>
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<tr>
<td>Site preparation works</td>
<td>February – March 2017</td>
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<tr>
<td>Start on site</td>
<td>April 2017</td>
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<tr>
<td>Occupation of the Unit</td>
<td>December 2018 – March 2019</td>
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Communication

The communications plan for the project will ensure all stakeholders, both internal and external to MCFT will have access to the relevant information at the right time and at the right level, including opportunities to meet directly with the project team. This will ensure that stakeholders remain fully informed and involved as the scheme progresses.

A comprehensive stakeholder engagement strategy is now underway. This will continue to inform the process of workforce development and transition planning.

Conclusion

This update has been provided to allow the Oversight & Scrutiny Committee the opportunity to become more informed around the proposed MSU development. Once the Committee has considered this update report MCFT will be pleased to follow your guidance on how best we can maintain a dialogue and share information in relation to this proposed scheme.

Elaine Darbyshire
Executive Director of Communications & Governance
December 2016
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<th><strong>Title of Review</strong></th>
<th>Infant Feeding Strategy 2016 - 2019</th>
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<td><strong>Purpose of Review</strong></td>
<td>To examine the uptake of breastfeeding in St.Helens with particular interest in the implementation of the Infant Feeding Strategy 2016 – 2019.</td>
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| **Task Group Members, including Co-optees:** | Cllr Carole Ann Gill  
Cllr Linda Mussell  
Cllr Gill Neal  
Cllr Joe Pearson |
| **Officer Support** | Dympna Edwards – Assistant Director Public Health  
Claire Glover – Healthy Living Manager  
Joanne Heron – Scrutiny Manager  
Sally Houghton – Scrutiny Support Officer |
| **Review Aims & Objectives:** |  
➢ To investigate the key issues that affect/influence mums in St.Helens and how this is reflected in the low levels of breastfeeding numbers in the borough.  
➢ To ensure that the St.Helens Infant Feeding Strategy 2016 -2019 is adopted and supported across the Council and Partner organisations.  
➢ To raise awareness of breastfeeding and ensure that future developments in the borough including Town Centre plans support women to feed their babies in the ways that they choose.  
➢ To explore ways to encourage different ways of thinking and cultural change.  
➢ To help ensure that children of St.Helens have the best start to their lives. |
| **Links with Partner/Corporate/Service Aims and Priorities** | St.Helens Council Delivery Plan 2016-2017  
Improving People’s Lives – Being Healthy and Active  
Service Planning Objectives – Improving health and wellbeing for all.  
Key Measure of Success – Increase breastfeeding rates and early years health. |
| **Methodology/Approach** |  
➢ Review the priorities and actions outlined in the St.Helens Infant Feeding Strategy 2016 – 2019 |
evidence that was presented to Cabinet on 16th November 2106.

- Obtain background information from Council Officers.
- Desktop research.
- Speak to Council Officers who provide services to review whether Council services and St.Helens Borough are family friendly and how this could be improved to support women who feed their babies.
- Meet with members of the Infant Feeding Steering Group (this will include members from several of our partners).
- Speak to mums that are actively breastfeeding and those that have chosen not to breastfeed to get views on how St.Helens could become more family friendly and support women in their choice of how to feed their babies.
- Examine if Town Centre plans support this agenda.

| Witnesses/Experts | Council Officers  
| Written Evidence to be provided by: | Officers from relevant partners  
| Oral Evidence to be provided by: | New mums  
| | Breastfeeding advocates  
| Key Background Papers for reference | St.Helens Infant Feeding Strategy 2016 - 2019  
| Potential Site Visits | Infant feeding Steering Group Meeting  
| | Breastfeeding Support Group  
| | Whiston Hospital  
| Publicity Requirements | To be determined  
| Review implications / impacts / risks: Consider equality and diversity, financial, planning, social, economic, environmental, health and safety, legal, service provision, procurement etc. | To be determined  
| Timetable and timing: | Project start date: 19th December 2016  
| | Meeting Frequency: To be determined  


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<th>Review Scoping Matrix Approved:</th>
<th>Date:</th>
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**Reporting Mechanisms:** Updates to the Health and Adult Social Care Overview and Scrutiny Panel.

**Draft Report Deadline:** March 2017

**Project Completion and submission to Commission:** April 2017

**Submission to Cabinet:** May 2017

**Monitoring of recommendations:** 6/12 monthly report to the Health and Adult Social Care Overview and Scrutiny Panel.
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