At a meeting of this Panel held on
7 November 2016

(Present) Councillors Gill, Long, Mussell, Wiseman
Mrs B Smith, Healthwatch St Helens

(Not Present) Councillors Baines, Cunliffe, McQuade, Murphy, Neal and Pearson

(Also Present) Councillor Quinn, Cabinet Member Adult Social Care and Health

15 APPOINTMENT OF CHAIRMAN

* Resolved that Councillor Long be appointed as Chairman for this meeting of the Panel.

Councillor Long here took the Chair.

16 APOLOGIES FOR ABSENCE

Apologies for absence were received from Councillors Baines, Cunliffe, McQuade, Neal and Pearson.

17 MINUTES

* Resolved that the minutes of the meeting held on 12 September 2016, be approved and signed.

18 DECLARATIONS OF INTEREST FROM MEMBERS

No Declarations of Interest from Members were made.

19 RESPONSE FROM CABINET TO THE SCRUTINY REVIEW OF OLDER PEOPLES NEEDS AND LONELINESS
(Reported to Cabinet on 24 August 2016)

A report was submitted which informed Members that at a meeting of Cabinet held on 24 August 2016, a response had been presented to the Scrutiny Review of ‘Is Scrutiny a Dementia Friendly Borough?’ undertaken by this Panel. Cabinet had been requested to note the contents of the report outlining the response to the Scrutiny Review and approve the action plan which had been attached at Appendix 1 to the report.

Councillor Quinn, Cabinet Member, Adult Social Care and Health was present to outline an updated action plan which provided progress on the recommendations and outcomes to date and answer questions from Members.

The Panel asked questions which were answered at the meeting on recognising deafness as a cause for isolation and loneliness and what was being done to tackle this and
measuring the impact of implementation of the action plan.

Assurance was given to the Panel that the elements in relation to commissioning reviews as detailed in recommendations six and seven had not be overlooked but delayed due to urgent pressures and would be complete by March 2017.

* Resolved that:

(1) the report be noted;

(2) the Cabinet Member, Adult Social Care and Health be thanked for their attendance.

20 UPDATE ON SCRUTINY REVIEW TAKE UP OF HEALTH CHECKS FOR ADULTS WITH LEARNING DISABILITIES

The Assistant Director, School and Social Care Support Services presented the update report on uptake of annual health checks for Adults with Learning Disabilities (LD).

A report was completed in 2015 by the Overview and Scrutiny team regarding LD Health Checks. The report identified that although there were some areas of positive practice in relation to LD Health Checks, it was apparent that further work was required across Health and Social Care within St Helens, in order to optimize the Health and Wellbeing of people with Learning Disabilities.

As a result of this a Local Action Plan had been developed, which focused on addressing the key findings and recommendations identified within the Scrutiny Review. The recommendations identified within the review and Cabinet response from 26 August 2016 had been attached to the report at Appendix 1.

It was reported that positive progress was being made and this was detailed in the report, however further work was required in order to progress this over the next 12-18 Months in order to embed a different culture across the Primary Care setting. The Panel was informed that LD Health Checks Action Planning Group would continue to run in order to monitor progress around this agenda.

Members asked questions which were answered at the meeting.

* Resolved that:

(1) the report be noted; and

(2) an end of year update report be brought back a future meeting of this Panel to include the number of Learning Disabilities Health Checks conducted on those aged 14 years and under.

21 PUBLIC HEALTH UPDATES

i) Women’s and Girls Health and Wellbeing Campaign

The Assistant Director Public Health gave a presentation to the Panel on ‘We Can’ Women’s Wellbeing.
HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY PANEL

The presentation detailed the following:

- Why Women?
- Women’s Wellbeing in St Helens;
- Areas where women do well;
- Cancer screening;
- Key Health Challenges;
- Inspirations from the past;
- We have come a long way; and
- St Helens Approach
  - i. Generating the discussion;
  - ii. We Can – Campaign St Helens Star;
  - iii. Raising Aspirations; and
  - iv. Transforming Services.

The Panel discussed the Big Sister mentoring programme and made suggestions for future Council/Councillor Involvement.

ii) Diabetes Prevention Programme

The Public Health Programmes Officer informed the Panel on the Diabetes Prevention Programme.

Diabetes was the fastest growing health condition of our time and was now an urgent public health issue. There were three main types of diabetes: Type 1, where cells producing insulin are destroyed, Type 2 which is a combination of a lack of insulin being produced and ‘resistance’ to how the insulin works, and Gestational Diabetes (occurring during pregnancy).

Type 2 diabetes is the most common type and accounted for approximately 90% of all diabetes. It was reported that in St Helens 7% of the population had diabetes with 5,500 residents being registered as having a high risk of developing diabetes. Obesity is the primary modifiable risk factor for development of Type 2 diabetes with 80% of people with Type 2 diabetes being obese.

£10 billion of the NHS budget per year was currently spent on people with diabetes, 80% of which is spent on complications; most of which are preventable. The total direct and indirect costs of diabetes were £24 billion per year, with a projected year on year increase on this figure.

The Panel was informed on the Living Well Taking Control scheme, a seven week intensive core programme developed to focus on ‘pre diabetic’ individuals over the age of 18 which aimed to help these individuals to self-manage their health conditions by providing support to change their lifestyle by losing weight, becoming more physically active, and eating healthier with the overall aim to reduce the incidence of Type 2 diabetes and its complications.

The Panel asked questions in relation to access to the scheme, performance indicators and measuring outcomes which were answered at the meeting.

iii) Breastfeeding Performance Update
The Assistant Director Public Health gave a presentation to the Panel on ‘Infant Feeding in St Helens’.

The presentation detailed the following:

- Why is it important?
- What are the issues in St Helens;
- Last two years;
- What have mums in St Helens said?
- Campaigns (Leaflets and Social Media);
- Addressing the Issue; and
- St Helens Infant Feeding Strategy.

* Resolved that:

(1) the updates and presentations be noted;
(2) a 12 month update report on the Living Well Taking Control Scheme be brought to a future meeting of this Panel; and
(3) infant feeding in St Helens be added to the Panels scrutiny work programme.

22 UPDATE ON SCRUTINY WORK PROGRAMME 2016/17

A verbal report was made to the Panel by the Scrutiny Manager on the Scrutiny Work Programme 2016/17.

Members were informed on the progress of the Early Interventions and Mental Health Review.

* Resolved that:

(1) the verbal update be noted;
(2) the report on Help for the Homeless previously presented to the Environment, Housing, Culture and Leisure Overview and Scrutiny Panel also be circulated to this Panel; and
(3) the Healthwatch reports on Support for People with ASD and Mental Health Support be circulated to the Panel once complete.